



FINE FOODS

"The Independent's Choice"

Chinese New Year!
Year of the Rat
Get Everything You Need to Celebrate on Page 6



\$2.89
/lb
\$6.37 / kg

**Fresh Family Pack
Pork Loin Chops**
2 Rib End, 2 Centre Cut
& 2 Tenderloin End



\$6.99

**Carver's Choice
Thick Sliced
Bacon**
1 kg



99¢
/lb
\$2.18 / kg

**Fresh
Royal Gala Apples**
BC Canada #1, Extra Fancy

**Nabob
Single Serve Pods**
Selected Varieties 12 pk,
**Maxwell House
Coffee**
Assorted 631 - 925 g



\$7.99

**Clover Leaf
Wild Pacific
Pink Salmon**
Flaked 142 g



\$1.99

**Wong Wing
Appetizers
or Entrees**
Assorted 360 - 680 g



\$3.99

Doritos Tortilla Chips
Assorted 255 g,
**Miss Vickie's
Potato Chips**
Assorted 200 - 220 g



MIX & MATCH

2/\$7

Christie Cookies
Oreo, Fudgee-O, Dad's or Chips Ahoy!
Assorted 250 - 320 g,
Peek Freans Biscuits
Assorted 265 - 300 g



STOCK UP

\$2.99

**Campbell's
Classics Soup**
Selected Varieties
12x284 mL



HOT DEAL

\$7.99

SALE PRICES IN EFFECT JANUARY 2020

Thur	Fri	Sat	Sun	Mon	Tue	Wed
23	24	25	26	27	28	29

Due to store size, all items in this flyer may not be available at all locations or exactly as illustrated. Dates may vary by retail outlet. Stores have the right to limit quantities and add enviro and deposit where applicable. All beef cut from Western Canadian Grade AA beef or better. Some items may only be available at stores with an in-store bakery.





Fresh Meat



\$5²⁹
/ lb
\$11.66 / kg

**Fresh Boneless
Outside Round
Oven Roast**



\$3²⁹
/ lb
\$7.25 / kg

**Fresh
Pork Loin Roast
Centre Cut**



\$5²⁹
/ lb
\$11.66 / kg

**Fresh
Boneless Skinless
Chicken Breasts**



\$5⁴⁹
/ lb
\$12.10 / kg

**Fresh Eye of Round
Marinating Steak**



\$4²⁹
/ lb
\$9.46 / kg

**Fresh
Pork Tenderloin**



\$2⁹⁹
/ lb
\$6.59 / kg

**Fresh
Chicken Thighs**



Deli

**Schneiders
Deli Best
Black Forest Ham**

\$1⁵⁹
/ 100 g
\$7.21 / lb



**Schneiders
Deli Best
Thuringer or
Hungarian Salami**

\$2⁵⁹
/ 100 g
\$11.75 / lb



**Louisiana
Hot Sauce
177 mL**

\$2⁴⁹



**Schneiders
Deli Best
Smoked or Fat Free
Turkey Breast**

\$2⁴⁹
/ 100 g
\$11.29 / lb



**Smith's
Deli Salami or
Pepperoni**

69¢
/ 100 g
\$3.13 / lb



**Kraft
Miracle Whip
Original or
Calorie-wise
475 mL**

\$3⁴⁹



Processed Meats



Burns Wieners
375 g



2/\$5

Schneiders Bologna
Blue Ribbon Classic,
Thick Sliced or All Beef
375 - 500 g



\$5.99



2/\$5

Swift Sliced Meat
Selected Varieties
175 g



\$5.49

Mitchell's Pure Pork Sausage
500 g



\$7.49

Ocean Jewel Breaded Coconut Shrimp
340 g

Bakery



Country Harvest Bread or Bagels
Selected Varieties
570 - 600 g or 6 pk



\$2.99

Fresh 12 Grain Bread
1 pk

\$1.99



Kraft Peanut Butter
Crunchy or Smooth
500 g

\$4.49



Casa Mendosa Tortillas
Selected Varieties
6 or 10 pk



2/\$5

Fresh Raisin Bread
1 pk

\$1.99



Selection Canadian Honey
Liquid 100% Pure
375 g

\$4.99



Produce



\$179

ea

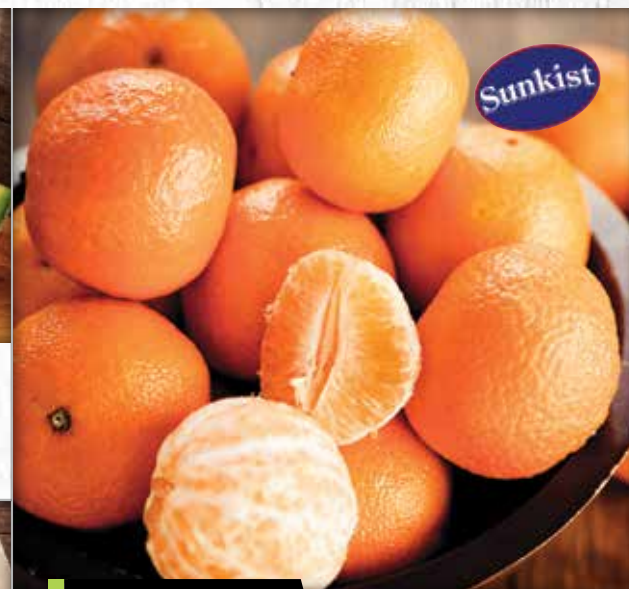
Fresh Mangos
Imported



\$299

ea

Fresh Cantaloupes
Imported



\$439

ea

Fresh Sunkist Mandarin Oranges
USA #1, 3 lb (1.36 kg)



\$299

ea

Fresh Romaine Hearts
USA #1, 3 pk



\$299

ea

Fresh Cauliflower
USA #1



\$249

/ lb
\$5.49 / kg

Fresh White Mushrooms
Canada #1



\$149

ea

Fresh Carrots
Canada #1, 2 lb (907 g)

Kraft Salad Dressings
Assorted 250 mL

\$199



Golden Boy Almonds
Natural or Blanched
Assorted 100 g

\$299



Golden Boy Golden Seedless Raisins
375 g

\$499



Kraft Pasta Salad Macaroni
200 g

\$199



Frozen & Dairy



\$2⁹⁹

Fine Foods Eggs
Large Size 12 pk



\$4⁹⁹

Faith Farms Cheese
Selected Varieties
370 - 380 g



5/\$5

Dairyland Stirred Yogurt
Assorted 175 g

Milk 2 Go
2% MF or
1% MF Chocolate
6x200 mL



\$3⁹⁹

Danone Activia Yogurt
Assorted 8x100 g,
Danino Drinkable Yogurt
Assorted 8x93 mL



\$4⁹⁹

Dairyland Chocolate Milk Beverage
1% MF
4 L Jug



\$5⁹⁹

Milk 2 Go
Assorted
473 mL,
Milk 2 Go Sport
Assorted
325 mL



4/\$5

Becel Soft Margarine
Assorted
454 g



\$3⁴⁹

High Liner English Style Chips & Fish
550 g



\$5⁹⁹

Helen's Perogies
Assorted
2 kg



\$3⁹⁹

Napoli Classic Crust Pizza
Assorted
356 - 370 g



\$2⁹⁹

Peace Tea
Assorted
695 mL



88¢

Powerade Sports Drinks
Assorted
710 mL



3/\$4

Coca-Cola Beverages
Assorted
6x222 mL



2/\$5

Coca-Cola Beverages
Assorted
6x710 mL



2/\$8

Cadbury Chocolate Bars
Assorted
38 - 60 g



5/\$5



Grocery



\$2⁷⁹

**Tim Hortons
Soups**
Assorted 540 mL



\$9⁹⁹

**Kraft
Velveeta**
900 g



2/\$3

**Bush's Best
Baked Beans**
Assorted 398 mL

**Christie
Premium Plus
Crackers**
Assorted
900 g



\$6⁹⁹

**KD Kraft
Dinner
Snack Cups**
Assorted
58 g



3/\$5

**Heinz
Tomato Juice**
1.82 L



\$3⁶⁹

**Selection
Snack Pudding
Cups**
Assorted 4x99 g



3/\$4

**Sapporo
Ichiban Noodles**
Assorted 100 g



5/\$4

**Taipan
Water
Chestnuts**
Sliced or Whole
227 mL,
Bamboo Shoots
227 mL

**Taipan
Whole Young
Corn 398 mL**
3/\$5



99¢

**Sapporo Ichiban
Instant Noodles**
Assorted 64 g,
**Maruchan
Yakisoba
Noodles**
Assorted 113 g

3/\$5



**Taipan
Sauces or
Sesame Oil**
Assorted
180 or 350 mL

2/\$5



**China Lily
Soya Sauce**
483 mL

\$2⁹⁹



**Taipan
Tempura
Batter Mix**
283 g

\$1⁹⁹



**Rice A Roni
Mixes**
Assorted
177 - 227 g

2/\$3



**Taipan
Long Grain
Rice**
2.27 kg

\$5⁹⁹



CHINESE NEW YEAR



99¢

Selection Vegetables
Assorted
341 - 398 mL



\$4.99

Mazola
100% Pure Oil
Corn or Canola
1.42 L



Old El Paso Seasonings
Assorted 24 g

99¢

\$3.99

Old El Paso Salsa
Assorted 650 mL,
Dinner Kits
Assorted 250 - 510 g

Catelli Meat Pasta Sauce
398 mL



2/\$3

Catelli Pasta
Assorted
700 - 900 g



\$3.99

Catelli Gluten Free Pasta
Spaghetti or Penne 340 g



2/\$5

Kraft 100% Parmesan Grated Cheese
125 g



\$4.49

MiO Liquid Water Enhancer
Assorted
48 mL



\$3.99

Kool-Aid Liquid Drink Mix
Assorted
48 mL



\$3.49

Jell-O Jelly Powders
Assorted
10 - 85 g



99¢

Mott's Clamato
Original
341 mL



\$1.19



Kellogg's Cereals
Selected Varieties
210 - 285 g

\$2.99

Tim Hortons Single Serve Cups
Selected Varieties
30 pk

\$18.99

Selection Table Syrup
750 mL

\$3.49



GOOD MORNING!

Selection Coffee Whitener
450 g

\$2.99

Selection Crispy Rice
700 g

\$4.99



Hawaiian Punch
Assorted
1.89 L

\$1.99

Ocean Spray 100% Juice Blends or Cocktails
Assorted 1.77 - 1.89 L

\$3.99





2/\$10

Purex Bathroom Tissue
2 Ply or Ultra 3 Ply
Double Rolls 8 pk,
Cashmere UltraLux
Bathroom Tissue
Double Rolls 8 pk



2/\$7

SpongeTowels Ultra
Choose-A-Size
2 pk



\$9.99

Scotties
Facial Tissue
9x100 pk



\$4.49

Old Dutch Rip•L Dips
Ranch or French Onion
425 g



2/\$5.50

Old Dutch Potato Chips
Assorted 220 g



2/\$6

Old Dutch Baked Potato Crisps
Assorted 200 g,
Popcorn Twists
175 g,
Hawkins Cheezies
210 g



Harry's Foods

5571 HWY 9, St. Andrews, MB ph: (204) 338-7538

Store Hours:

- Monday - Friday, 8:00 am - 9:30 pm •
- Saturday, 8:00 am - 8:00 pm • Sunday, 10:00 am - 6:00 pm •

HARRY'S FOODS A PART OF YOUR COMMUNITY



MA MB DL G 1453