FINE FOODS
"SERVING OUR COMMUNITY"

GROCERY HEROES DAY
JULY 19

Fresh Pork Shoulder Blade Steak

$3.99 / lb
$8.80 / kg

Fresh Romaine Hearts
USA #1, 3 pk

3 PACK
$1.99 ea

KD Kraft Dinner
Original 225 g,
Flavour Boost
Assorted 25 g

99¢

Coca-Cola Beverages
Assorted
2 L

$1.99

Kraft Miracle Whip
Original or Calorie-wise
890 mL,
Heinz Tomato Ketchup
Original 750 mL or 1 L

$2.99

GROCERY HEROES DAY
JULY 19

$1.99 Wonder®™ Hotdog & Hamburger Buns Assorted 12 pk

CELEBRATE
NATIONAL HOT DOG DAY

Wonder BURNS®

Burns® Wieners 375 g $1.99

FINE FOODS
"SERVING OUR COMMUNITY"

SALE PRICES IN EFFECT JULY 2021

Thur	Fri	Sat	Sun	Mon	Tue	Wed
22	23	24	25	26	27	28

Due to store size, all items in this flyer may not be available at all locations or exactly as illustrated. Dates may vary by retail outlet. Stores have the right to limit quantities and add enviro and deposit where applicable. All beef cut from Western Canadian Grade AA beef or better. Some items may only be available at stores with an in-store bakery.

Fresh Meat

$5.68 / lb $12.52 / kg
Fresh Boneless Outside Round Rotisserie Roast

$4.68 / lb $10.32 / kg
Fresh Pork Tenderloin

$2.48 / lb $5.47 / kg
Fresh Chicken Drumsticks

$6.28 / lb $13.84 / kg
Fresh Eye of Round Marinating Steak

$3.28 / lb $7.23 / kg
Fresh Lean Ground Pork

$3.98 / lb $8.77 / kg
Fresh Chicken Breast
Back Attached

Kraft BBQ Sauce
Assorted
455 mL
$1.98

Mrs. Dash Seasoning Blends
Assorted 70 g
$3.48

ReaLemon Flavour Infusions
Garlic 240 mL
$1.58

Kraft Shake'n Bake
Assorted
140 - 184 g
$2.68

Deli

98¢ / 100 g $4.45 / lb
Burns Visking Bologna

Schneiders Deli Best Peppered Salami
$2.68 / 100 g $12.16 / lb

Schneiders Deli Best Napoli Style Pepperettes
$3.48 / 100 g $15.79 / lb

$1.38 / 100 g $6.26 / lb
Maple Lodge Farms Chicken Breast
Cajun, Cooked, Smoked or Fajita

Packaged Meat

Maple Leaf Prime Chicken Wings
Assorted 695 g

$8.98

Smithfield Bacon
Naturally Hickory Smoked
375 g

$4.98

Mitchell's Sausages
Salami or Pepperoni
500 g

$5.98

Swift Premium Sliced Meat
Selected Varieties
175 g

$2.98

$4.98

Cook's Thick-Cut Ham Steak
Bone-In 454 g

Aqua Star Popcorn Shrimp
680 g

$9.98

Mitchell's Pure Pork Sausage
500 g

$4.98

Smith's Coarse Garlic Sausage Ring
300 g

$4.98

Bakery

Fresh Baked Bread
White or
60% Whole Wheat
1 pk

$1.48

Kraft Pure Jam
Assorted
500 mL

$4.48

Kraft Peanut Butter
Assorted
500 g

$4.48

Bread
Selected Varieties
570 g

$1.98

English Muffins
Assorted 6 pk

$2.48

Wraps
Large White
10 pk

$2.98

Produce

$2.99 ea
Fresh Strawberries
USA #1,
1 lb (454 g)

$1.49 / lb
$3.28 / kg
Fresh Nectarines
USA #1

$2.29 ea
Fresh Blueberries
BC Canada #1,
1 Dry Pint (551 mL)

Fresh Grape Tomatoes
Imported,
1 Dry Pint (551 mL)

$2.69 ea

$4.49 ea
Fresh Satsuma Mandarin Oranges
Imported, 3 lb (1.36 kg)

$2.49 ea
Fresh Cauliflower
USA #1

Salad OF THE WEEK

Taylor Farms Dill Pickle Chopped Kit
USA #1,
333 g (11.75 oz)

$4.49 ea

$2.99 **Sunny D Citrus Punch**
Assorted 1.89 L

$3.49 **Ocean Spray 100% Juice Blend or Cocktails**
Assorted 6x295 mL

4/$5 **Allen's Apple Juice**
From Concentrate
100% Pure 1 L

$1.49 **Mott's Clamato**
Original 341 mL

$5.99 **Bertolli Olive Oil**
Assorted 500 mL

$1.99 **Ocean Spray Craisins**
Original 170 g

$1.99 **Kraft Salad Dressings**
Assorted 250 mL

$3.99 **Saputo Feta**
Traditional 200 g

$1.99 **Kraft Pasta Salad**
Macaroni 200 g

SUMMER SAVINGS

Kool-Aid Jammers
Assorted 10x180 mL

3/$5

Kickers Boneless Dry Ribs
Fully Cooked
Assorted 600 g

$9.99

Heinz Canned Beans or Pasta
Assorted 398 mL

3/$3

Dare

Ultimate Cookies
Assorted 290 or 300 g

$2.99

Vinta Crackers
Original 250 g,
Breton Crackers
Assorted 225 g

$2.99

Real Fruit Gummies
Assorted 180 g

$2.49

Werther's Original Candy
Assorted 70 - 135 g

$2.49

Mondoux Sweet Sixteen Candy
Selected Varieties
175 g

$2.99

Old Dutch Crunchys or Cheese Pleesers
Assorted 265 or 290 g,
Humpty Dumpty Snacks
Assorted 265 or 280 g

2/$6.50

Spokes Puffed Potato Snacks
Assorted 80 g,
Golden Boy Peanuts
Blanched Salted or BBQ 400 g,
Kerr's Candy
Assorted 425 - 500 g

2/$8

Kellogg's*

Nutri Grain Bars, Pop•tarts or Rice Krispies Squares
Assorted 140 - 384 g

2/$5

Eggo Waffles
Assorted
280 or 330 g

$2.99

SALE PRICES IN EFFECT
JUL 19 - AUG 1, 2021

SUMMER SAVINGS -

La Cocina Tortilla Chips
Assorted
300 - 400 g
$2.99

Saputo Shredded Cheese
Assorted 320 g,
Shredded Feta Cheese
300 g
$4.99

Dairyland Sour Cream
14% MF 750 mL
$3.99

Faith Farms Cheese
Selected Varieties
360 - 380 g
$6.49

Hellmann's Real Mayonnaise
Squeeze or Jar
750 or 890 mL
$3.49

Selection White Rice
Long Grain
900 g
$2.49

Selection Basmati Rice
2 kg
$5.99

Bush's Best Savoury Beans
Assorted
398 mL
$1.99

Tide Liquid Detergent
Assorted 2.72 L
$13.99

Bounce Rapid Touch-Up
275 g
$6.99

Downy Wrinkle Guard
Assorted
740 mL
$7.99

Selection All-Purpose Cleaner
Lemon Scent
4 L
$6.99

Selection Value Paper Towels
2 Ply 2 pk
2/$3

Selection Dish Detergent
Assorted 739 or 887 mL
2/$5

Selection Bleach
Regular 1.89 L
2/$5

Selection Aluminum Foil
50'
2/$4

TWO WEEKS OF DEALS

SALE PRICES IN EFFECT
JUL 19 - AUG 1, 2021

Danone
Activia or 100% Natural Yogurt
Assorted 650 g
$3.99

SunRype
100% Juice
Assorted 1.36 L
$2.49

Fruite Drinks
Assorted 2 L,
Tetley
Lemon Iced Tea
2 L
$2.29

Becel
Plant Based Bricks
Assorted 454 g
$3.99

Dairyland Milk
Selected Varieties
2 L
$3.69

KidSport™

Cadbury
Milkshakes
Assorted
310 mL
4/$5

International Delight
Coffee Whitener
Assorted 473 mL
$2.49

Red Rose
Orange Pekoe
Tea Bags
72 pk
$4.99

Nivea Body Lotion
Assorted 625 mL,
Care Cream
200 mL
$7.99

Irish Spring
Deodorant Soap
Original 3x90 g
$2.99

Q-tips
Cotton Swabs
170 pk
$2.99

Elastoplast
Adhesive Bandages
Assorted 20 - 80 pk
$4.99

Meow Mix
Tasty Layers
Assorted 1.36 kg
$6.99

Purina
Cat Chow
4 kg
$13.99

Purina
Dog or Puppy Chow
2 kg
$5.99

Purina
Dog Snacks
Assorted 163 - 248 g
$3.69

SUMMER SAVINGS

BUY MORE SAVE MORE

2/$5

Christie Crackers
Ritz, Triscuit or Wheat Thins
Assorted 180 - 300 g,
Snacking Crackers
Vegetable Thins or Toppables
200 or 454 g

Christie Mini Chips Ahoy! or Oreo Cookies
225 g

2/$6

Cadbury Chocolate Bars
Assorted 32 - 60 g

4/$4.40

Cadbury King Size Chocolate Bars
Assorted 66 - 90 g

3/$5

Cadbury Family Size Chocolate Bars
Assorted 95 or 100 g,
Candy
Selected Varieties
100 or 120 g

2/$6

Christie Oreo or Chips Ahoy! Cookies
4 pk

3/$4

Maynards Candy
Assorted
170 - 185 g

2/$5

Trident Vibes Sugar-Free Gum
Assorted 40 pk

2/$8

Mondelēz International

Selection Wafers
Assorted 227 g

3/$4

Selection Cookies
Assorted 500 g

$3.49

Selection Jam
Assorted 500 mL

$3.59

Fresh Baked Jumbo Cheese Sticks
6 pk

$3.99

Chapman's Yukon Bars or Sandwiches
Assorted 5 - 8 pk
Cones
Assorted 5 pk

$5.99

Nestle Candy
Selected Varieties
135 - 246 g

$3.99

Starbucks Coffee
Assorted 340 g,
K-Cups
Assorted 10 pk

$8.99

Bakers Treat Focaccia
Assorted 300 g

$1.99

DAIRY FACTS

Canadian dairy farmers go through great lengths to conserve natural resources and safeguard the land they work on. As most Canadian dairy farms are family-owned, our goal is to pass down the land to future generations—so thinking long term is key!

In order to preserve the land, we take many steps to reduce our environmental impact. One of these centres around improving manure management practices to reduce emissions of methane, a greenhouse gas. Another regular farm practice is crop rotations, which is a system for planting that helps maintain soil health by selecting different crops to grow on the same land year after year. Furthermore, the adoption of precision agricultural technologies helps us improve efficiency and increase our yield while lowering the use of natural resources and energy.

The steps we've been taking towards a more sustainable future have already begun to show improvements. The production of one litre of Canadian milk emits less than half the greenhouse gas emissions compared to the global average. Moreover, in the past 5 years, we've lowered the carbon footprint of a litre of milk by 7%, and we won't stop there. We're continuously working to produce Canadian milk with fewer resources.

$3.99 **Dairyland Microfiltered Milk**
0% MF, 1% MF, 2% MF or 3.25% MF 2 L

$3.59 **Joyya Ultrafiltered Milk**
Assorted 1 L

Danone Go! Drinkable Yogurt
Assorted 190 mL

4/$5

Yoplait Simply 3 Yogurt
Assorted 500 g

$2.99

Danone Oikos Greek Yogurt
Selected Varieties
625 - 750 g

$4.99

Frozen & Dairy

$4.49 **Stouffer's FitBowls**
Assorted 320 or 340 g,
Bowl Fulls
Assorted 305 - 350 g

$4.49 **Hungry-Man Dinners**
Assorted
360 - 455 g

McCain Superfries, Hashbrown Patties, Wedges or Tasti Taters
Selected Varieties
1.3 - 1.8 kg

$4.99

Dairyland Butter
Salted or Unsalted
454 g

$4.99

Selection Frozen Vegetables
Assorted
2 kg

$5.99

Philadelphia Dips
Assorted 227 g

2/$6

Dairyland Whipping Cream
33% MF 473 mL

$2.99

Dairyland Chocolate Milk Beverage
1% MF 4 L Jug

$5.99

Grocery

$2.99 **China Lily Soya Sauce** 483 mL

Old El Paso Taco Shells Assorted 125 or 133 g, **Jalapeños or Refried Beans** 250 or 398 mL, **Soft Tortillas** 334 g, **Salsa** Assorted 440 mL

2/$5

Old El Paso Seasonings Assorted 24 g **$1.19**

$1.49 **Rice A Roni Mixes** Assorted 177 - 227 g

Selection Table Syrup 750 mL

$2.99

Nestle Coffee mate Coffee Whitener Assorted 450 g

$3.49

Nestle Carnation Hot Chocolate Assorted 450 g

$4.99

Nestle Nesquik Assorted 510 or 700 mL

$4.99

Golden Boy Sultana or Thompson Raisins 750 g or 1 kg

$7.99

Selection Evaporated Milk 354 mL

$1.99

Selection Condensed Milk 300 mL

$3.49

Selection Canola or Vegetable Oil 473 mL

$2.49

$4.99 **Delissio Thin Crispy Crust or Singles Pizza** Assorted 366 - 550 g

HOW TO GRILL A PIZZA

Step 1. Preheat barbecue or grill to 400°F.

Step 2. Unwrap packaging, remove cardboard and place frozen pizza on the barbecue or grill. Close the lid to ensure the temperature stays at 400°F.

Step 3. Total grill time is 15 to 20 minutes but may vary depending on pizza size and thickness. Rotate the pizza halfway through to ensure it cooks evenly.

Step 4. Take the internal temperature using a probing thermometer. Pizza is ready when it reaches an internal temperature of 160°F. Grill until cheese is melted and crust is browned to your liking. The open flames will make the crust darker than an oven-baked pizza.

Step 5. Remove pizza from barbecue or grill and let cool for 5 minutes. Enjoy!

99¢

Selection Soups
Assorted 284 mL

PRIMO

Pasta
Assorted 454 g

3/$4

Beans
Assorted
540 mL

2/$3

$3.49

Gold Seal Wild Pink Salmon
213 g

Selection Onion Soup and Recipe Mix
2 pk

99¢

Selection Soda Crackers
Assorted 454 g

$1.99

Kraft 100% Parmesan Grated Cheese
125 g

$4.49

Sapporo Ichiban Noodles
Assorted 100 g

4/$3

SUMMERTIME SNACKS

Bugles Snacks
Assorted 213 g

$1.99

Voortman Wafers or Turnover Cookies
Selected Varieties 300 g

2/$5

Beaver Roasted Salted Cashews
200 g

$4.99

Beaver Roasted Salted Nuts
Mixed or Peanuts
190 or 200 g

2/$5

Tim Hortons Coffee Bars
Assorted 38 g

2/$5

Glaceau Smartwater
Assorted
1 L

2/$4

2/$10

Powerade Sports Drinks
Assorted 6x591 mL

2/$7.50 **Cheetos Snacks**
Assorted 170 - 285 g

$3.99 **Kraft Hazelnut Spread**
725 g

2/$3 **Deli World Light Rye Bread**
500 g

$3.49 **Fine Foods Eggs**
Large Size 12 pk

GROCERY HEROES DAY
JULY 19

Thank You
Grocery Heroes

Grocery store employees have been invaluable in providing communities with essential services that help them survive and thrive

FINE FOODS
"SERVING OUR COMMUNITY"

NEW AT FINE FOODS

$3.49 **Christie Crispers**
Assorted 240 g

$4.99 **Nature Valley Sweet & Salty Granola Bars Minis**
Dark Chocolate Nut 20 pk

$2.99 **Kellogg's Eggo French Toaster Sticks**
Assorted 270 g

$4.99 **Betty Crocker Fruit Gushers**
Variety Pack 16 pk

HARRY'S FINE FOODS

A PART OF YOUR COMMUNITY

HARRY'S FINE FOODS

5571 Main St. (HWY #9) St. Andrews, MB
Corner of Main Street & St. Andrews Road
Customer Service: (204) 338-7538 / Pharmacy: (204) 504-5500

Store Hours:
• Monday - Friday, 8:00 am - 9:30 pm • Saturday, 8:00 am - 8:00 pm • Sunday, 10:00 am - 6:00 pm •

FINE FOODS "SERVING OUR COMMUNITY"
LIFESTYLE PHARMACY

MA MB DL G 1473