

Tricolour
Bell Peppers
Canada #1, 3 pk

HOME
GROWN

\$3⁹⁹
ea

3
PACK

Chicken
Legs
Back Attached

\$2⁹⁹/lb
\$6⁵⁹/kg

Red Baron
Fully Loaded
Pizza
Assorted
805 or 815 g

\$8⁹⁹



Coca-Cola
Beverages
Assorted
24x355 mL

\$13⁹⁹



Maple Leaf
Prime
Chicken
Assorted
700 g

\$9⁹⁹



Schneiders
Bologna
Assorted
375 g

\$4⁹⁹



\$8⁹⁹

Armstrong
Shredded Cheese
Assorted 500 g



Wonder
Buns
Assorted
12 pk

**2 for
\$7⁰⁰**

**2 for
\$3⁰⁰**

Heinz
Beans or Pasta
Assorted 398 mL



**2 for
\$7⁵⁰**

Old Dutch or Ridgies
Potato Chips
Assorted Bags
200 or 220 g



Selection
Vegetables
Assorted
341 or 398 mL

\$1⁹⁹



**2 for
\$5⁰⁰**

Heluva Good!
Sour Cream Dip
Assorted
250 g



Häagen-Dazs
Selected
Varieties
400 - 450 mL

\$4⁹⁹

Häagen-Dazs™

decadence in every bite



SALE PRICES IN EFFECT JULY 2026

Thurs	Fri	Sat	Sun	Mon	Tues	Wed
23	24	25	26	27	28	29



Due to store size, all items in this flyer may not be available at all locations or exactly as illustrated. Dates may vary by retail outlet. Stores have the right to limit quantities and add enviro and deposit where applicable. All beef cut from Western Canadian Grade AA beef or better. Some items may only be available at stores with an in-store bakery. Advertised prices are subject to change without notice due to necessary tariff pricing adjustments. We apologize for any inconvenience this may cause.

fresh meat



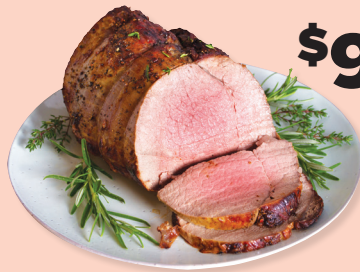
\$3⁹⁹/lb
\$8⁸⁰/kg

Pork Loin Chops
Centre Cut



Eye of Round Roast

\$9⁹⁹/lb
\$22⁰²/kg



Beef Fast Fry Sandwich Steak

\$10⁹⁹/lb
\$24²³/kg



\$9⁹⁹/lb
\$22⁰²/kg

Sirloin Tip Marinating Steak



\$3⁹⁹/lb
\$8⁸⁰/kg

Whole Chicken
Grade A



\$3⁹⁹/lb
\$8⁸⁰/kg

Pork Loin Roast
Rib End



grocery

Selection Yellow Mustard
400 mL

\$1⁷⁹



\$4⁹⁹

Bick's Pickles
Selected Varieties
1L



Selection Sweet Green Relish
375 mL

\$1⁹⁹



2 for \$3⁵⁰

The Keg Sauce or Gravy Mixes
Assorted 22 - 31 g



packaged meat

\$34⁹⁹

Lilydale Fully Cooked Chicken Wings
Breaded Assorted
2 kg



\$6⁹⁹

Maple Leaf Natural Selections Sliced Meat
Assorted
150 or 175 g

\$16⁹⁹

Smith's Beef Burgers
907 g



\$6⁹⁹

Schneiders Smoked Sausages
Assorted 375 g

\$4⁹⁹

Maple Leaf Natural Smoked Chicken Sausage
Assorted 300 g



2 for \$6⁵⁰

Campfire Bacon
375 g

Maple Leaf Natural Chicken
Assorted
250 g

\$7⁹⁹



\$39⁹⁹

Janes Crispy Chicken
Fully Cooked and Seasoned
2.5 kg



deli

Burns
Deli Salami
or Pepperoni

\$1.99/100 g
\$9.03/lb



Wonder
Wraps
Large White
10 pk 640 g

\$3.99



\$1.99/100 g
\$9.03/lb

Burns
Visking
Bologna



\$3.19/100 g
\$14.47/lb

Lilydale
Kentucky Style
Chicken
Breast



\$2.79/100 g
\$12.66/lb

Schneiders
Deli Best
Black Forest
Ham



\$7.99

Moji Sushi
Assorted
170 or 171 g



SHOP LOCAL



fresh produce

\$5.99
ea

Honeydew
Melons
Imported



\$4.99
ea

Cantaloupes
Imported

Red
Seedless
Grapes
Imported

\$3.49/lb
\$7.69/kg



Golden
Pineapples
Imported

\$5.99
ea



Celery Stalks
USA #1

\$2.59
ea



\$1.99/lb
\$4.39/kg

Tomatoes
on the Vine
Canada #1



HOME
GROWN



5 LB
BAG

\$2.99
ea

Russet
Potatoes
Canada / USA,
5 lb (2.27 kg)



Hidden Valley
Ranch Dressing
& Dip
473 mL

\$3.99

\$2.49

Glad
Cling Wrap
30 m



bakery

\$4⁹⁹

**Fresh Baked
Buttery
Flake Rolls**
12 pk,
Breadsticks
Cheese 6 pk



\$3⁹⁹

**Fresh Baked
Sourdough Bread**
1pk
Dinner Rolls
White 12 pk



**Wonder
Bread**
Selected Varieties
570 g
**2 for
\$7⁰⁰**



\$2⁹⁹

**Deli World
Light Rye
Bread**
500 g



**Apple or
Lemon Meringue Pie**
Assorted 8"
520 or 620 g

\$7⁹⁹



\$5⁹⁹

**Baketree
Danishes or
Puff Pastries**
Selected Varieties
4 - 12 pk



\$7⁹⁹

**Gluten Free
Bread**
Assorted
400 or 480 g



\$6⁹⁹

**Gluten Free
Bagels**
Plain 280 g

2 for \$6⁵⁰

**Betty Crocker
Fruit Flavoured Snacks,
By The Foot or Roll-Ups**
Selected Varieties 128 - 226 g

**NEW
FLAVOURS**

General Mills

\$3⁴⁹

**Pillsbury
Toaster Strudel**
Assorted 326 g,
Pizza Pops
Assorted 380 g

**Betty Crocker
Gluten Free
Bisquick Mix**
454 g

\$4⁴⁹

DunkAroos
Cinnamon
Toast Crunch
6x28 g

\$5⁹⁹

**Old Dutch Crunchys,
Cheese Pleasers or Pretzels**
Assorted 240 - 400 g,
**Humpty Dumpty
Party Mix or Cheese Sticks**
Assorted 250 or 265 g

**2 for
\$8⁵⁰**

**Win a
\$2500
DONATION**

Over \$350,000
has been awarded to communities since 2017.

**WIN A \$2500.00
DONATION FOR YOUR
LOCAL COMMUNITY!**

With each purchase of an **Old Dutch** product,
you increase your community's chance to **WIN**.

1 of 20 prizes available to be won!

Contest Runs: May 1 - August 31, 2026. See in-store for details.



SENSIBLE SAVINGS

2 WEEKS
OF DEALS



Tide Liquid Detergent
Assorted
64 Loads
2.48 L
\$17⁹⁹

Tide Pods
Assorted 16 pk,
Bounce Dryer Sheets
Assorted
40 or 80 pk
\$5⁹⁹



Milk-Bone Dog Snacks
Assorted
900 g
\$4⁹⁹

Milk-Bone Soft & Chewy Dog Treats
Assorted 113 g
\$1⁹⁹

Milk-Bone Flavour Dog Snacks
800 g,
Purina Beggin' Dog Snacks
Assorted 163 or 170 g
\$4⁴⁹

Purina Beneful Prepared Meals
Assorted 283 g
\$2⁹⁹

Purina Fancy Feast Cat Food
Assorted 85 g
4 for \$5⁰⁰

Purina Beneful Dog Food
Assorted
1.6 or 1.8 kg
\$9⁹⁹

Meow Mix Tasty Layers
Assorted
1.36 kg
\$10⁹⁹



Raid Insect Killer
Assorted 350 g
\$9⁹⁹

After Bite
Assorted 20 g
\$6⁹⁹

Palmolive Dish Liquid
Assorted 372 mL
2 for \$3⁵⁰

Blistex Lip Conditioner or Medex
7 or 10 g
\$2⁹⁹

Elastoplast Adhesive Bandages
Assorted
40 or 80 pk
\$5⁹⁹

Nivea Body Lotion
Assorted 625 mL
\$9⁹⁹

Glisten Machine Cleaner
Assorted 354 mL,
Cleaning Pads
8 pk
\$3⁴⁹

Coppertone Sunscreen
Selected Varieties
177 - 259 mL
\$14⁹⁹

Bonterra Paper Towels
Mega Rolls 2 Ply
3 pk
\$7⁹⁹

Hefty Ecosave Bowls
100% Compostable
12 oz 15 pk
\$3⁹⁹

Hefty Ecosave Plates
100% Compostable
Assorted 20 - 40 pk
\$6⁹⁹

Scotties To Go Tissues
3 Ply 8 pk
\$3⁹⁹

SENSIBLE SAVINGS

2 W

Dare



Ultimate Cookies
Assorted
290 or 300 g

\$3.99

Juicee Candy, Scotch Mints or Real Fruit Gummies
Assorted
180 - 250 g

\$2.99



Scotch Mints or Juicee Candy
Assorted
475 - 700 g

\$4.99



Kellanova

Rice Krispies Squares
Assorted
28 pk 588 g or
30 pk 660 g

\$9.99



Eggo Waffles
Original
48 pk 1.68 kg

\$15.99



Kellogg's Town House or Cheez-It Snap'd Crackers
Assorted 213 - 391 g,
Pringles Mingles
Assorted 155 g

2 for \$7.50



\$4.99
Red Baron Deep Dish Singles Pizza
Assorted
318 or 326 g

3 for \$10.00

Cheemo Perogies
Selected Varieties
815 or 907 g



\$6.49
Pure Life Natural Spring Water
24x500 mL



Seasoning Mix
Assorted
28 g

2 for \$2.50



\$7.99
Cravings Kit
Cheesy Double Decker Taco or
Crunchwrap Supreme
401 or 642 g



Dips
Assorted
425 or 445 g

\$4.99

\$4.49
Taco Shells or Cravings Kit
Selected Varieties
137 - 420 g,
Creamy Sauce
Assorted 354 mL



Old Dutch Potato Chips
Assorted Boxes
220 g

2 for \$8.00



Quaker Crispy Minis Rice Cakes or Chips
Assorted
90 - 199 g

2 for \$5.00

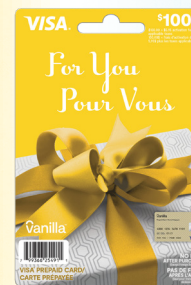


Cheetos Snacks
Assorted
180 - 285 g

\$4.99

Summer Vibes

Gift Cards for Every Occasion



WEEKS OF DEALS

JULY

T	F	S	S	M	T	W
23	24	25	26	27	28	29
30	31	1	2	3	4	5

2.99
Fruité
Drinks
Assorted 2 L



**McCain Superfries,
Flavours of the World,
Bistro Selects, Fun or
Breakfast Potatoes**
Selected Varieties
454 - 800 g

\$4.99



\$6.99
McCain Pockets
Assorted
540 or 600 g

**Maple Leaf
Mighty Protein
Chicken Stick**
Assorted 32 g



\$1.99



\$10.99
**Frito Lay Mix
Variety Packs**
Assorted 16 pk



**Lay's Stax
Potato Crisps**
Assorted
155 or 163 g
\$2.99

Bravo Pasta Sauce
680 mL,
**Holiday Luncheon
Meat**
340 g

\$2.99



\$1.99
**Ocean's
Light Tuna
in Water**
Flaked or
Chunk 170 g



\$8.99
Minute Rice
Assorted
1.2 or 1.4 kg



\$3.49
**Campbell's
Chunky
Chili or Soup**
Assorted
425 g or 515 mL

**Mondelez
International**

NEW

**Christie Oreo
or Chips Ahoy!
Mini Snak Paks**
20 pk 500 or 520 g

\$10.99



**Cadbury
Chocolate Bars**
Selected Varieties 32 - 50 g

**3 for
\$5.00**

**Cadbury
Family Size
Chocolate Bars**
Selected Varieties
90 - 105 g



\$3.99

**NEW
FLAVOUR**



**Maynards
Candy**
Assorted
135 - 154 g

\$2.99

**Pineapple
100% Juice**
Assorted
4x240 mL

\$6.49



**Pineapple
Assorted**
398 mL

\$3.49



Fruit Cups
Assorted
540 mL

\$4.49

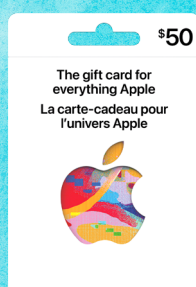
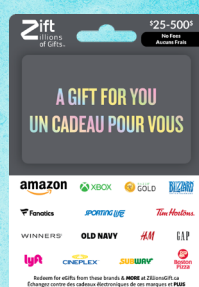
**Fruit or
Fruit + Gel Cups**
Assorted
4 pk

\$5.99



e Play

and more
roid



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SENSIBLE SAVINGS

2 WEEKS
OF DEALS



Cap'n Crunch,
Quaker Life
or Harvest
Crunch Cereals
Assorted 350 - 475 g

2 for
\$7.00



Mealtyme
White
Bread
570 g

2 for
\$5.50



Quaker Chewy
Granola Bars
Value Pack
Assorted 40x24 g

\$13.99

Minute Maid
Fruit Punch
or Fuze
Iced Tea
10x200 mL

\$4.99



Kashi Cereal
Assorted
360 or 386 g,
GoActive
Granola
Cereal
Assorted
453 - 501 g

\$7.49



Family Brand
Flavoured
Drink Mix
Assorted 3x75 g

\$1.99



\$7.99

Frozen Yogurt
or Sorbet
Assorted 2 L,
Yukon Cones, Bars
or Sandwiches
Assorted 5 - 8 pk

\$8.99

Premium
Ice Cream
Assorted 2 L



\$4.99

Dairyland
Coffee Cream
18% MF 946 mL,
Chocolate Milk
1% MF
Assorted 1.89 L

\$5.99

International
Delight
Coffee
Enhancer
Assorted
946 mL



Heinz
Mayonnaise
or Sauces
Assorted 340 mL

\$2.99

\$3.99

Sweet Baby Ray's
Barbecue Sauce
Assorted 425 mL

Bush's Best
Baked Beans
Assorted 398 mL

2 for
\$5.00



OLYMEL

\$8.99

Wieners
Original
1 kg

\$5.99

Bacon
Assorted
375 g

\$4.49

Sliced
Meat
Assorted
175 g



frozen & dairy



2 for \$7.00 Green Giant Valley Selections Assorted 400 or 500 g



2 for \$7.50 Bassili's Best Entrées Assorted 250 - 300 g



\$6.49 Cavendish Farms All-Day Breakfast Hash Brown Patties Original 1.2 kg

\$8.99

High Liner Fish English Style Fillets, In Tempura Batter, Beer Batter or Sticks 500 or 700 g



\$6.99 Schneiders Breakfast Sandwiches or Bites Assorted 204 - 288 g



\$5.99 Ritz Drizzled Minis Assorted 226 g

\$4.49 Oreo, Chips Ahoy! Fudgee-O, or Dad's Cookies or Biscuits Selected Varieties 251 - 320 g



Premium Plus or Ritz to-go Crackers Assorted 8 pk 328 - 402 g

\$5.49



\$5.99 Armstrong Cheese Slices Assorted 220 or 240 g



Becel Margarine Assorted 400 or 427 g

\$4.49



\$5.49 Becel Plant Butter or Chef's Signature Assorted 454 g

Kraft Cool Whip Whipped Topping 225 g

\$4.49



\$5.99 Dairyland Lactose Free Milk Selected Varieties 1.89 L



Armstrong Cheese Sticks Assorted 10x21 g

\$5.99



Dairyland Creamo Half & Half 10% MF 473 mL

\$2.49



Dairyland Cottage Cheese Selected Varieties 500 g

\$3.99



Dairyland



grocery



KD
Original
200 g

\$1.99



Red Lobster
Cheddar Bay
Biscuit Mix
322 g

\$2.99



2 for
\$3.50

Aylmer Soup
Assorted
284 mL



\$4.99

Christie
Toppables
or **Ritz Crackers**
Family Size
350 or 454 g



2 for
\$5.00

Knorr Sidekicks
Pasta or Rice
Assorted 120 - 153 g



\$6.99

Clover Leaf
Sockeye Salmon
213 g



Selection
Express
Long Grain
White Rice
700 g

\$4.49



\$1.99

Selection
Soya Sauce
450 mL



Allen's
Vinegar
Assorted
4 L

\$4.49

2 for
\$5.50

C4
Energy Drinks
Assorted
473 mL

NEW
FLAVOURS



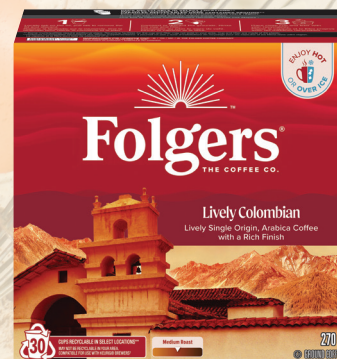
\$11.99

Fine Foods
All-Purpose
Flour
10 kg



2 for
\$5.00

Carnation
Evaporated Milk
Assorted
354 mL



\$18.99

Folgers K-Cups
Assorted
30 pk



\$3.49

Nature's Nuts
Sweetened Coconut
Assorted
200 g



\$3.99

Nature's Nuts
Pecan Halves
100 g



Eagle Brand
Sweetened Condensed
Milk
Original
300 mL

\$4.99

Robin Hood
All Purpose
Flour
Assorted
2.5 kg

\$6.49



\$4.49

Smucker's
Pure Jam or
Marmalade
Selected Varieties
250 mL



Smucker's
Syrup
Assorted
428 mL

\$4.99



grocery

**Sunny D
Citrus Punch**
Assorted
1.18 L

\$2⁴⁹



\$13⁹⁹

**Tim Hortons
Coffee**
Assorted 300 g



**Simply
Beverages**
Assorted 340 mL

**2 for
\$5⁰⁰**

\$6⁹⁹

**Red Rose
Orange Pekoe
Tea Bags**
72 pk

**Selection
Honey**
Liquid
375 g

\$6⁹⁹



\$4⁹⁹

**Clorox
Cleaner**
Assorted
709 - 946 mL



\$3⁹⁹

**Clorox
Concentrated
Bleach**
Assorted 1.27 L,
**Pine-Sol
Multi-Surface
Cleaner**
Assorted 828 mL

\$3⁴⁹

**Clorox Toilet Bowl
Cleaner**
Assorted 709 mL,
Disinfecting Wipes
Assorted 35 pk



**2 for
\$4⁰⁰** **Dipps or Chewy
Granola Bars**
Assorted 120 - 156 g



\$3⁴⁹ **Yogourt
Granola Bars**
Assorted 175 g



**Bran Muffin
Mix**
900 g

\$5⁴⁹



YOU COULD
WIN
A \$10,000
CANADIAN VACATION
PLUS INSTANT DAILY PRIZES



Buy
Any participating Kruger
Products® product

Snap
A picture of your receipt
before August 18, 2026

Enter
Submit your receipt at
OnlyInCanada.ca



PROUDLY MADE IN CANADA

*WITH DOMESTIC AND IMPORTED MATERIALS

**Cashmere
or Ultra Strong
Bathroom Tissue**
Double Rolls 2 Ply
15 pk

\$8⁹⁹

**Sponge
Towels**
Ultra
Double Rolls
2 pk

\$5⁹⁹

**Bonterra
Bathroom
Tissue**
Triple Rolls
3 Ply 9 pk

\$7⁴⁹

**Scotties
Facial Tissue**
Supreme 81 pk or
Original 126 pk

\$1⁹⁹

*No purchase necessary. Open to age of majority residents of Canada (ex. Quebec) Contest Period: June 1, 2026 (15:59 a.m. ET) ends August 31, 2026 (15:59 p.m. ET). Purchase participating product(s) during contest period & upload receipt for a chance to win one \$10,000 CDN cash grand prize plus 1 of 92 Instant Daily Prizes (ARV \$25-\$200 CAD each). Enter online for full rules at OnlyInCanada.ca. Odds depend on the number and timing of eligible entries. Skill testing question required.

Starbucks Coffee Enhancer
Assorted
828 mL

\$7⁴⁹

Nestle Family Size Chocolate Bars
Selected Varieties
97 - 105 g

\$3⁹⁹

Nescafé Instant Coffee
Assorted
100 or 170 g

\$9⁹⁹

Nestle Coffee mate Coffee Whitener
Assorted
425 or 450 g

\$5⁴⁹

Good Host Iced Tea or Lemonade
2.35 kg

\$15⁹⁹

WAKE UP YOUR MILK!

Nestle Nesquik

\$7⁹⁹

Nestle Nesquik
Assorted 510 or 700 mL,
Chocolate Milk Mix
540 g

Ruffles Potato Chips
Assorted
180 - 200 g

\$3⁹⁹

Miss Vickie's Potato Chips
Assorted
190 or 200 g

2 for \$9⁰⁰

Coca-Cola Beverages
Assorted 1L

3 for \$5⁰⁰

Monster Energy Drinks
Selected Varieties
458 or 473 mL

Bang, Reign, NOS or Full Throttle Energy Drinks
Assorted 473 mL

3 for \$8⁵⁰



HARRY'S FINE FOODS

5571 Main St. (HWY #9) St. Andrews, MB. Corner of Main Street & St. Andrews Road

Customer Service: (204) 338-7538 / Pharmacy: (204) 504-5500

• Monday - Friday, 8:00 am - 8:30 pm • Saturday, 8:00 am - 8:00 pm • Sunday, 10:00 am - 6:00 pm •

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FRESH PRODUCE • MEAT • BAKERY • PREPARED MEALS • GIFT CARDS • LOTTERY