

Pork Side
Ribs

\$3⁹⁹/lb
\$8⁸⁰/kg



\$2⁹⁹

Deli World
Light Rye Bread
500 g



HOME
GROWN

McIntosh
Apples
Canada, Fancy

\$1⁴⁹/lb
\$3²⁸/kg

Maxwell House
Coffee
Assorted
631 - 900 g

\$15⁹⁹



Prairie Chef
Chicken Breasts,
Strips, Souvlaki or
Pork Loin Cutlets
Assorted 1 kg

\$18⁹⁹



**2 for
\$8⁵⁰**

Miss Vickie's
Potato Chips
Assorted 190 or 200 g,
Cheetos Snacks
Assorted 180 - 285 g



Dairyland
Chocolate
Milk
1% MF
4 L

\$7⁹⁹



Burns
Bacon
375 g

\$4⁹⁹

\$2⁹⁹

Dairyland
Sour Cream
Selected Varieties
450 or 500 mL



\$2⁹⁹

La Cocina
Tortilla Chips
Assorted
300 - 400 g



\$8⁹⁹

Kraft
Velveeta
900 g



SALE PRICES IN EFFECT SEPTEMBER 2026

Thurs	Fri	Sat	Sun	Mon	Tues	Wed
24	25	26	27	28	29	30

Due to store size, all items in this flyer may not be available at all locations or exactly as illustrated. Dates may vary by retail outlet. Stores have the right to limit quantities and add enviro and deposit where applicable. All beef cut from Western Canadian Grade AA beef or better. Some items may only be available at stores with an in-store bakery. Advertised prices are subject to change without notice due to necessary tariff pricing adjustments. We apologize for any inconvenience this may cause.

fresh meat



\$9⁹⁹/lb
\$22⁰²/kg

Boneless
Inside Round
Roast



\$10⁹⁹/lb
\$24²³/kg

Sirloin Tip
Marinating
Steak

\$3⁹⁹/lb
\$8⁸⁰/kg

Pork Loin
Chops
Centre Cut



\$4⁴⁹/lb
\$9⁹⁰/kg

Chicken
Thighs

\$3⁹⁹/lb
\$8⁸⁰/kg

Pork Loin
Roast
Rib End



\$10⁹⁹/lb
\$24²³/kg

Beef Stir Fry
Meat

packaged meat



2 for
\$6⁰⁰

Maple Lodge
Farms Chicken
Breast Roast
Assorted 200 g

\$7⁹⁹

Harvest
Farmer's Sausage
Double Smoked
Original 375 g



\$6⁹⁹

Harvest
Smokies
Assorted 375 g



\$6⁹⁹

Maple Leaf
Natural Selections
Sliced Meat
Assorted 150 or 175 g

\$5⁴⁹/lb
\$12¹⁰/kg

Olympic
Bulk Sausage
Pork & Beef
or Pure Pork



\$12⁹⁹

Sunrise Farms
Seasoned
Chicken
Drumsticks
3 kg



2 for
\$7⁰⁰

Burns
Wieners
375 g



\$7⁹⁹

Schneiders
Pepperoni Stick
250 g



\$13⁹⁹

Montana's
Pork Back Ribs
Assorted 650 g

Putter's®

\$5⁴⁹

Pickles or
Old-Fashioned
Sauerkraut
Assorted 1 L
Sliced Pickled
Beets
750 mL

\$3⁴⁹

Sweet
Relish
375 mL



**A Canadian
Landmark**
Since 1948

deli

Burns
Smoked Deli
Ham

\$2¹⁹/100 g
\$⁹³/lb



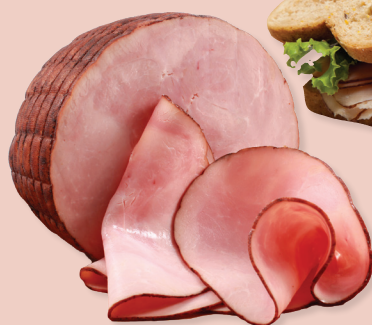
Smith's
Roast Beef

\$3²⁹/100 g
\$^{14⁹²}/lb



Schneiders
Fat Free
Turkey Breast

\$3⁹⁹/100 g
\$^{18¹⁰}/lb



Schneiders
Deli Best
Thuringer Salami

\$3⁹⁹/100 g
\$^{18¹⁰}/lb



Casa Mendosa
Tortillas or
Wonder Wraps
Selected Varieties
10 pk 640 g

\$3⁹⁹

fresh produce

Bartlett
Pears
USA #1

\$1⁹⁹/lb
\$^{4³⁹}/kg



Green
Seedless
Grapes
Imported

\$2⁹⁹/lb
\$^{6⁵⁹}/kg

\$3⁴⁹
ea

Red Potatoes
Canada #1,
5 lb (2.27 kg)

**5 LB
BAG**

HOME
GROWN



Cantaloupes
Imported

\$3⁹⁹
ea

Hot House
Tomatoes
Canada #1,
Extra Large

\$2²⁹/lb
\$^{5⁰⁵}/kg



HOME
GROWN



Long English
Cucumbers
Canada #1

\$1⁹⁹
ea

**3
PACK**



Romaine
Hearts
USA #1,
3 pk

\$4⁴⁹
ea

Campbell's

\$2⁹⁹ Prego Pasta Sauce Assorted 645 mL

\$4⁹⁹ V8 Vegetable Cocktail Assorted 1.89 L

2 for \$7⁰⁰ Habitant Pea Soup Assorted 796 mL

Club House
Pasta Mixes
or Organic Spices
Assorted 10 - 57 g,
McCormick
Gourmet
Sauce Mixes
Assorted 30 - 56 g

\$2⁴⁹



\$4⁹⁹

Rocky Madsen's
Fish Crisp
Assorted
230 or 340 g

Club House
Bacon
Flavoured Bits
143 g

\$3⁹⁹



Club House
Salads'n Dips
Mixes
Assorted 28 or 42 g

2 for \$3⁰⁰



bakery

Fresh Baked Sourdough Bread
1 pk

\$3.99



Fresh Baked Raisin Bread
1 pk

\$4.49

Fresh Baked Large Sub Buns
White
4 pk

\$3.49



\$4.99
Baba Jean's Donuts
Assorted
4 pk



\$3.49
Wonder Breakfast Sandwich Bun
Assorted
6 pk



\$3.99
Wonder Bread
Selected Varieties
570 g,
Buns
Assorted
12 pk



Gluten Free Bread, Rolls or Buns
Assorted
260 or 480 g

\$7.99



You deserve a

SWEET TREAT

3 for \$10.00

Voortman Classic, No Sugar Added Cookies or Wafers
Selected Varieties
210 - 250 g



\$4.99

Smucker's Syrup
Assorted
428 mL

\$5.99
Chapman's Creamery Ice Cream
Assorted 2 L



2 for \$7.50

Sara's Ice Cream Cups
Assorted 355 mL

2 for \$3.50

Kinder Surprise or Bueno
Assorted
20 - 43 g



\$1.99

Wiley Wallaby Licorice
Soft & Chewy
Assorted 113 g



\$3.99

McGregor's Treats
150 or 170 g



Try us
WE'RE NEW!

\$4.99

Stuffed Puffs Gummy Fuzions
Assorted
120 or 123 g



frozen & dairy



\$8⁹⁹ Shredded or Feta Cheese
Assorted
250 - 320 g



\$5⁹⁹ Cheese Slices
Assorted
200 - 240 g

\$2⁹⁹ Dairyland
Old Fashioned
Chocolate Milk
3.25% MF
946 mL



4 for \$5⁰⁰ Dairyland
Stirred Yogurt
Assorted
175 g



\$4⁹⁹ Saputo
Feta
Traditional
200 g

\$5⁹⁹ Dairyland
Protein or Lactose Free Milk
Selected Varieties
1.89 L



\$2⁴⁹ Dairyland
Creamo
Half & Half 10% MF
473 mL



\$7⁴⁹ Rustica
Stuffed or Rising
Crust Pizza
Assorted 645 - 866 g



\$9⁹⁹ McCain
Bistro Selects
Onion Rings
Extra Crispy
1.2 kg



\$2⁴⁹ Bagel Bites
Pizza Snacks
Assorted
9 pk 198 g

\$8⁹⁹ High Liner Fish
English Style Fillets,
In Tempura Batter,
Beer Batter or Sticks
500 or 700 g



\$19⁹⁹ Bassili's Best
Meat Lasagna
2.27 kg



\$7⁹⁹ McCain
Family Size
Superfries
or Bistro Selects
Super Crisp
Selected Varieties 1.9 kg



Dairyland
Whipping Cream
33% or 36% MF
473 mL

\$3⁴⁹

Dairyland
Whipped Cream
19% MF
225 g

\$3⁹⁹



\$4⁴⁹ Tenderflake
Tart or Pie Shells
Assorted
255 - 350 g



grocery

2 for \$6.00 Hamburger Helper Assorted 158 - 220 g



\$3.49 Idahoan Mashed Potatoes Original 389 g



Minute Rice White 700 g

\$4.99



2 for \$4.00

Clover Leaf Skipjack Light Tuna in Water Flaked or Chunk 170 g, **Flaked Light Tuna** Spicy Thai Chili 85 g, **Snacks Tuna Salad** Classic 90 g

\$4.49 Classico Pasta Sauce or Basil Pesto Assorted 218 - 600 mL



\$3.99 Christie Premium Plus Crackers Salted Tops 225 g

\$9.99

Mott's Fruitsations Apple Sauce Unsweetened Family Pack 18x104 mL



Robin Hood All Purpose Flour Original 5 kg

\$12.99

\$3.49

ReaLemon Juice 945 mL



2 for \$5.50 Pacific Evaporated Milk 354 mL



Smucker's Spread Selected Varieties 250 mL, **Jif Peanut Butter** Assorted 500 g

\$4.49

Christie

Oreo, Chips Ahoy!, Fudge-O or Dad's Cookies Selected Varieties 251 - 320 g, **Biscuits** Assorted 300 g

\$4.99



Tim Hortons

2 for \$5.00

Granola Bars Assorted 150 or 160 g



Hot Chocolate 500 g

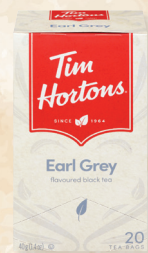
\$5.49



\$3.49 Soups Assorted 540 mL

\$3.99

Tea Assorted 20 pk



grocery



2 for \$6.00
SunRype 100% Juice Blend or Beverage Assorted 5x200 mL

Allen's Juice or Beverages Selected Varieties 1L

2 for \$3.50



Tang Flavour Crystals Orange 2.2 kg
\$9.99

Sunny D Citrus Punch Assorted 500 mL

3 for \$4.00



\$4.99
Kellogg's Fun Pac Cereal Boxes 8 pk



\$5.99
General Mills Oatmeal Crisp Cereal Assorted 396 - 437 g



\$6.99
Red Rose Orange Pekoe Tea Bags 72 pk



\$19.99
Folgers K-Cups Assorted 30 pk

household

Ivory Body Lotion Notes of Vanilla 532 mL

\$7.99



Palmolive Dish Liquid Assorted 372 mL

2 for \$3.00

Selection Value Paper Towels 2 ply 2 pk

\$2.99



\$6.99
Febreze Fabric Refresher Assorted 700 mL



Febreze Air Freshener Assorted 230 g, Bathroom Air Freshener Assorted 1 pk

\$4.49



\$8.99
Cashmere Bathroom Tissue Assorted Double Rolls 2 or 3 Ply 15 pk

\$5.99
Sponge Towels Ultra Double Rolls 2 Ply 2 pk



Proud to be Canadian

\$7.49
Bonterra Paper Towels Mega Rolls 2 Ply 3 pk, Bathroom Tissue Triple Rolls 3 Ply 9 pk



\$1.99
Scotties Facial Tissue Supreme 81 pk or Original 126 pk



Schneiders Breakfast Bites or Sandwiches Assorted 204 - 288 g

\$5.99



NEW FLAVOURS

Coca-Cola Beverages
Assorted
6x710 mL

\$4.99

Coca-Cola Beverages
Assorted
6x222 mL

\$4.49

Peace Tea
Assorted
695 mL

3 for \$4.00

Arriba Tortilla Chips
Assorted 235 g

Restaurante Tortilla Chips
Assorted
275 - 295 g

Potato Chips
Assorted Boxes
220 g

2 for \$8.00

Old Dutch

Nestle Kit Kat Mix-Ups or Aero Truffle Mini Bars
110 g or 14 pk 119 g

\$6.99

Nestle Chocolate Bars
Selected Varieties
29 - 60 g

2 for \$3.50

Nescafé Espresso Concentrate
Assorted
500 mL

\$8.99

Good Host or Nestea Iced Tea
Assorted 650 g

\$7.99

PICK EM Old Dutch

WIN YOUR WAY to the 113th GREY CUP

gamezone.cfl.ca/pickem/

Dutch Crunch Potato Chips
Assorted 200 g

\$3.99

Discover Your Flavour Old Dutch

GREY CUP

No purchase req. Contest runs from 05/07/26 1:00 p.m. - 10/24/26 2:59 p.m. ET. The following prizes are available to be won: (i) 200 free chip coupons (ARV: \$6); (ii) 146 daily prizes - a CFL hat (ARV: \$40); (iii) 21 weekly prizes - 2027 season tickets (pair) to winner's CFL team of choice (ARV: \$1,000); (iv) 210 Weekly Old Dutch Crunch Time Moment prizes - 2 coupons for a free Old Dutch product (ARV: \$6); (v) 1 Grand Prize - round trip for 2 to Calgary, AB, 1 hotel room (3 nights), 2 2026 Grey Cup tickets, \$500 cash/cash equivalent and Old Dutch chips for a year (10 bags/month) (ARV: \$6,720); (vi) 49 2nd - 50th Place Prize - 2 tickets to a 2027 CFL regular season game of winner's choice and an Old Dutch Chip Prize Pack (ARV: \$130); and (vii) 200 51st - 250th Place Prize - an Old Dutch Chip Prize Pack (ARV: \$30). All prizes in CAD. Skill testing question req. Pick'Em account req. Open to legal residents of Canada who are age of majority. Odds of winning depend on number of eligible entries received and/or participants' scores on CFL Pick'Em. Full rules: https://gamezone.cfl.ca/pickem/help/r_rs



WE DELIVER

HARRY'S FINE FOODS

5571 Main St. (HWY #9) St. Andrews, MB. Corner of Main Street & St. Andrews Road

Customer Service: (204) 338-7538 / Pharmacy: (204) 504-5500

• Monday - Friday, 8:00 am - 8:30 pm • Saturday, 8:00 am - 8:00 pm • Sunday, 10:00 am - 6:00 pm •

<https://www.facebook.com/HarrysFoods/> <https://harrysfoods.ca/>



FRESH PRODUCE • MEAT • BAKERY • PREPARED MEALS • GIFT CARDS • LOTTERY