



Boneless Skinless
Chicken Breasts

\$6⁹⁹/lb
\$15⁴¹/kg



HOME
GROWN

\$4⁴⁹
ea

McIntosh
Apples
Canada #1,
3 lb (1.36 kg)

3 LB
BAG

Schneiders
Chicken Bites
or Tenders
Assorted
600 g

\$9⁹⁹



\$3⁹⁹

Tostitos
Tortilla Chips
Assorted
210 - 295 g

\$7⁹⁹

Red Baron
Fully Loaded Pizza
Assorted
805 or 815 g



\$5⁹⁹

AHA
Sparkling Water
Beverages
Assorted 12x355 mL

\$3⁴⁹

Pure Life
Natural
Spring Water
12x500 mL



Good Host
Liquid Water
Enhancer
52 mL

\$4⁴⁹



\$7⁹⁹

Folgers
K-Cups
Assorted 12 pk



Faith Farms
Cheese
Selected Varieties
320 or 340 g

\$6⁹⁹

Dairyland
Cottage Cheese
Selected Varieties
500 g

\$3⁹⁹



Heinz
Tomato Soup
284 mL

99¢



NEW
FLAVOUR

\$3⁹⁹

Nestle Real Dairy Premium
Ice Cream, Confectionery
Frozen Dessert,
Drumstick or Cones
Assorted 1.5 L, 4 or 6 pk



FINE FOODS
COMMUNITY
STRONG
Supporting Our Communities
by Giving Back

**\$1000 GROCERY GRAB
& \$2000 DONATION**

SEE PAGE 12 FOR DETAILS

SALE PRICES IN EFFECT OCTOBER 2026

Thurs	Fri	Sat	Sun	Mon	Tues	Wed
15	16	17	18	19	20	21

Due to store size, all items in this flyer may not be available at all locations or exactly as illustrated. Dates may vary by retail outlet. Stores have the right to limit quantities and add enviro and deposit where applicable. All beef cut from Western Canadian Grade AA beef or better. Some items may only be available at stores with an in-store bakery. Advertised prices are subject to change without notice due to necessary tariff pricing adjustments. We apologize for any inconvenience this may cause.

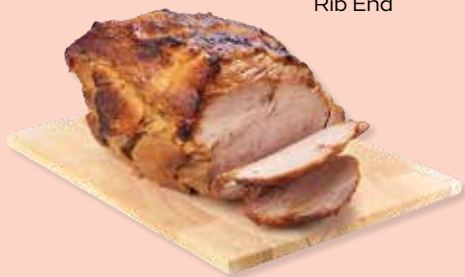


fresh meat



\$8⁹⁹/lb
\$19⁸²/kg Boneless Outside Round Roast

\$3⁹⁹/lb
\$8⁸⁰/kg Boneless Pork Loin Roast Rib End



\$9⁹⁹/lb
\$22⁰²/kg Boneless Inside Round Marinating Steak

\$4⁹⁹/lb
\$11⁰⁰/kg Pork Loin Cutlets



\$8⁹⁹/lb
\$19⁸²/kg Chicken Stir Fry Meat

Boneless Pork Loin Chops Centre Cut

\$3⁹⁹/lb
\$8⁸⁰/kg



packaged meat



Smith's Beef Burgers 907 g

\$16⁹⁹



\$5⁹⁹

Cook's Premium Ham Steak Lean Fully Cooked 454 g



\$7⁹⁹ Mitchell's Sausage Snacks Assorted 450 g



\$4⁹⁹ Schneiders Wieners All Pork 375 g



\$7⁹⁹ Burns Bologna 500 g



\$6⁹⁹ Burns Bacon 375 g

BERTOLLI DAL 1865

Red Wine Vinegar 500 mL **\$3⁴⁹**

Balsamic Vinegar 500 mL **\$4⁹⁹**

Olive Oil Assorted 500 mL **\$7⁹⁹**

deli

Schneiders
Deli Best
Blue Ribbon
Bologna

\$2⁵⁹/100 g
\$11⁷⁵/lb



Wonder
Wraps
Large White
10 pk 640 g

\$3⁹⁹



\$3⁹⁹/100 g
\$18¹⁰/lb

Schneiders
Deli Best
German Dry
Salami



\$3²⁹/100 g
\$14⁹²/lb

Schneiders
Deli Best
Black Forest
Ham



\$1¹⁹/100 g
\$5⁴⁰/lb

Olymel
Visking
Bologna



Purely Canadian

\$3⁴⁹
Pasta
Assorted
900 g



\$2⁹⁹
Thick & Zesty
Pasta Sauce
or Tomatoes
Assorted
680 or 796 mL



**2 for
\$4⁵⁰**
Beans or
Chick Peas
Assorted
540 mL



**2 for
\$5⁵⁰**
Pizza
Squeeze
Assorted
375 mL

fresh produce



\$3⁴⁹/lb
\$7⁶⁹/kg
Red
Seedless
Grapes
Imported

Nature's Nuts
Sunflower
Seeds
100 g

\$1⁴⁹



Ocean Spray
Craisins
Original
170 g

\$2⁴⁹



Nature's Nuts
Walnuts
Assorted
100 g

\$2⁴⁹

\$2⁴⁹
ea
Broccoli
Bunches
USA #1



\$1⁹⁹
ea
Avocados
Imported



Bartlett Pears
Canada / USA #1

\$1⁹⁹/lb
\$4³⁹/kg



\$2⁹⁹
ea
Grape
Tomatoes
Canada #1,
1 Dry Pint (551 mL)



The Little
Potato Co.
Little Reds
Potatoes
Canada #1,
1.5 lb (680 g)

\$3⁴⁹
ea



\$1⁹⁹
ea
Long English
Cucumbers
Canada #1

bakery

Fresh Baked Sourdough Bread
1 pk

\$3⁹⁹



Fresh Baked Cheese Breadsticks or Buttery Flake Rolls
6 or 12 pk

\$5⁴⁹



Deli World Light Rye Bread
500 g

\$2⁹⁹

Fresh Baked Raisin Bread
1 pk

\$4⁴⁹



2 for \$7⁵⁰
Wonder Bread or Buns
Selected Varieties
570 g or 12 pk

\$6⁹⁹
Irresistible Muffins
Assorted
400 g



Wonder Breakfast Sandwich Bun
Assorted 6 pk

\$3⁴⁹



Classic, No Sugar Added Cookies or Wafers
Selected Varieties
210 - 250 g

3 for \$10⁰⁰



Sips & Snacks

\$14⁴⁹

Coca-Cola Beverages
Assorted
24x355 mL



2 for \$5⁵⁰

C4 Energy Drinks
Assorted 473 mL



\$3⁹⁹

Popcorners Corn Chips
Assorted 142 g



\$4⁴⁹

Core Power High Protein Milk Shake
Assorted 414 mL



Arizona Iced Tea
Assorted
960 mL

2 for \$5⁰⁰



2 for \$3⁰⁰

Cadbury Chocolate Bars
Selected Varieties
32 - 50 g

ENTER TO WIN
FREE GROCERIES



\$3⁹⁹

Old Dutch Popcorn Twists, Crunchys, Pretzels or Cheese Pleezers
Assorted 175 - 400 g,
Humpty Dumpty Party Mix or Cheese Sticks
Assorted 250 or 265 g



SENSIBLE SAVINGS

2 WEEKS
OF DEALS

**Meow Mix
Tenders in
Sauce or
Purina
Fancy Feast
Cat Food**
Assorted
78 or 85 g



99¢



\$4.49

**Meow Mix
Cat Food**
Original Choice
500 g



**Purina Alpo
Cookout
Classics
Dog Food**
16 kg

\$44.99



\$2.99

**Milk-Bone
Dog Snacks**
Assorted 450 g

**Milk-Bone
Biscuits**
Assorted
300 or 340 g

\$4.99



**PAW-SOME
DEALS!**



\$3.49 **Lysol
Disinfecting
Wipes**
Assorted 35 pk



\$4.49 **Lysol
Cleaner**
Selected Varieties
650 mL - 1.2 L



\$9.99 **Powerball
Quantum
Dishwasher
Detergent**
Lemon Sparkle
45 pk



**Jet-Dry
Rinse Agent**
Original
250 mL

\$5.99

**Dishwasher
Detergent
Gel**
Lemon Scent
1.6 L

\$6.99



**2 for
\$7.00** **Scotties
Ultra Soft Tissues**
Assorted 3 Ply
104 pk



**The Pink Stuff
The Miracle
Cleaning Paste**
500 g



\$7.99

\$8.99 **Glad White or
Lavender Bags**
Selected Varieties
15 - 45 L
30 - 52 pk



**ENTER
TO WIN
FREE GROCERIES**



\$17.99 **Tide
Liquid Detergent**
Assorted
64 Loads 2.48 L



**Bounce
Dryer Sheets**
Assorted
40 or 80 pk,
Tide Pods
Assorted
16 pk

\$5.99



SENSIBLE SAVINGS

2 W



Snack Pack
Pudding or
Gel Cups
Assorted 4x99 g

2 for
\$5.50

Act II
Microwave
Popcorn
Assorted 3x78 g

2 for
\$5.50



\$4.49

Orville
Redenbacher
Gourmet
Popcorn
Assorted
190 or 220 g



Hunt's
Thick & Rich
Pasta Sauce
Assorted
680 mL

\$3.99



\$3.49

Hunt's
Tomato
Sauce
680 mL

Pam
Cooking Spray
Assorted
141 or 170 g

\$6.99



\$4.99

Red Baron
Deep Dish
Singles Pizza
Assorted 318 or 326 g



McCain
Bistro Selects
Savoury Wedges
or Superfries
Assorted
1.45 or 1.5 kg

\$7.99



\$14.99

Montana's
Pork Back R
Assorted 650 g



2 for
\$8.00

Old Dutch
Potato Chips
Assorted Boxes
220 g

\$5.49

Christie Ritz
or Premium
Plus to-go
Crackers
Assorted
8 pk 328 - 402 g



\$4.99

Old Dutch
Restaurante
Salsa Con Queso
or Rip•L French
Onion Dip
400 mL or 425 g



Christie
Ritz Drizzled
Minis
Assorted
226 g

\$5.99

Pace
Chunky Salsa
Assorted
642 mL

\$5.49



\$2.99

Lay's Stax
Potato Crisps
Assorted
155 or 163 g

Crispy Minis
Rice Chips
or Cakes
Assorted
90 - 199 g

\$2.99



\$6.99

Quick Oats
2.25 kg



Bran
Mix
900 g

\$5.99

Plastic Red
Glasses
16 oz
50 pk

\$6.99



Paper Cups
9 oz
40 pk

\$6.49



Selection

Paper Plates
Small 6.9"
40 pk

\$6.99



Paper Plates
Medium 8.6"
30 pk

\$7.99

WEEKS OF DEALS



Montana's BBQ Sauce
Assorted
350 mL

\$5⁹⁹



Olymel Wieners
Original 1 kg,
Swiss Chalet Pot Pies
Assorted
650 or 655 g

\$8⁹⁹



Olymel Bacon
Assorted 375 g

\$5⁹⁹

2 for \$5⁰⁰ Chewy or Dips Granola Bars
Assorted 120 - 156 g



\$3⁴⁹ Yogourt Granola Bars
Assorted 175 g



Muffin

\$5⁴⁹



Gluten Free Cakes, Muffins or Bagels
Selected Varieties
180 - 320 g

\$6⁹⁹



Gluten Free Bread, English Muffins, Rolls or Buns
Assorted
210 - 480 g

\$7⁹⁹

NEW FLAVOUR



Pringles Potato Chips
Assorted
148 or 156 g

\$2⁹⁹

Eggo Waffles
Selected Varieties
280 g

\$3⁹⁹



NEW FLAVOUR

2 for \$7⁵⁰ Nutri Grain Bars, Pop-Tarts or Rice Krispies Squares
Assorted 176 - 384 g

Kellanova

Breton, Simple Goodness or Vinta Crackers
Assorted
135 - 225 g

\$3⁴⁹



Dare

SENSIBLE SAVINGS

2 WEEKS
OF DEALS



**Dairyland
Chocolate
Milk**
1% MF 4 L

\$7⁹⁹



**Mealtyme
White Bread**
570 g

**2 for
\$5⁰⁰**



\$4⁴⁹ **Lynch Hot
Beverage Mix**
Assorted
10x20 or 10x23 g



**Cavendish Farms
All-Day Breakfast
Hash Brown Patties**
Classic 600 g

\$3⁴⁹

\$4⁴⁹

**Cavendish Farms
Quick Crisp Mini
Hash Brown Patties**
625 g



\$4⁴⁹ **Minute Maid
Fruit Punch**
10x200 mL



\$1⁹⁹ **Family Brand
Flavoured
Drink Mix**
Assorted 3x75 g



**Dairyland
Lactose Free
or Protein
Milk**
Assorted
1.89 L

\$5⁹⁹

\$5⁹⁹

**Silk Almond
or Protein Soy
Beverage**
Assorted 1.89 L



**Dairyland
Ultrafiltered
Milk**
Assorted
1 L

\$3⁹⁹



**TRICK
OR
TREAT**

**Nestle
Treat Size Bars
and Candies**
Assorted
25 pk 182 - 295 g

\$8⁴⁹



**Cadbury
Favourites
Treat Size Bars**
45 pk 498 g

\$12⁹⁹

**Kinder
Surprise**
100 g

\$7⁹⁹



\$6⁹⁹

**Christie Ritz Mini
Snak Paks**
Original 10x28g,
**Dare
Wagon Wheels**
Family Pack Original
18 pk 630 g



**Christie
Mini Cookies,
Barnum's Animal
Crackers or
Snak Paks**
Assorted
200 g or 6 pk

**2 for
\$7⁵⁰**



\$6⁴⁹

**Pringles
Snack Cups**
Assorted 12x19 g

\$9⁹⁹

**Rice Krispies
Squares or Minis**
28 - 40 pk 440 - 660 g
**SunRype
Fruit to Go Strips**
Assorted 24x14 g



**Maynards
Candy**
Assorted Bags
100 - 154 g

\$2⁹⁹



\$10⁹⁹

**Goldfish
Crackers**
Cheddar
24 pk 504 g

frozen & dairy



3 for \$10⁰⁰
Cheemo Perogies
 Selected Varieties
 815 or 907 g

\$5⁴⁹
Wong Wing Combos
 Assorted
 284 - 339 g



\$7⁹⁹
Hashbrown Patties
 Classic 1.3 kg

\$6⁹⁹
Pockets
 Assorted
 540 or 600 g

\$5⁴⁹
Hashbrowns
 1.5 kg



\$5⁹⁹
Irresistible Mixed Berries
 600 g

\$6⁹⁹
Life Smart Naturalia Wild Blueberries
 600 g



ENTER TO WIN
 FREE GROCERIES



\$2⁴⁹
KD
 Selected Varieties
 156 or 175 g,
Kraft Pasta Salad
 Macaroni 200 g

\$2⁹⁹
Bravo Pasta Sauce
 680 mL



Nestle Nesquik
 Assorted
 510 or 700 mL

\$7⁹⁹



Kraft Tartar Sauce
 355 mL

\$5⁴⁹

Dairyland Chocolate Milk
 1% MF
 946 mL

2 for \$5⁰⁰



Heinz Yellow Mustard
 375 mL

\$1⁹⁹



Starbucks Coffee Enhancer
 Assorted
 828 mL

\$6⁹⁹

\$7⁹⁹
Nestle Nesquik Chocolate Milk Mix
 540 g



\$1⁹⁹
Nestle Milk Shakes
 Assorted 473 mL



Dairyland Creamo
 Half & Half 10% MF
 473 mL

\$2⁴⁹

grocery



\$2⁹⁹ Green Giant Corn
Assorted 540 mL



\$3⁴⁹ Tim Hortons, Swiss Chalet or Montana's Soup
Assorted 540 mL



\$2⁹⁹ Catelli Classic Pasta
Selected Varieties 454 g



\$5⁴⁹ Spam Luncheon Meat
Assorted 340 g



\$3⁹⁹ No Yolks Noodles
Assorted 340 g



\$3⁴⁹ Clover Leaf White Tuna
Flaked or Solid 170 g



\$5⁹⁹ Mazola Corn Oil
100% Pure 473 mL



\$2⁹⁹ Tilda Rice
Assorted 250 g



2 for \$4⁵⁰ Bush's Best Baked Beans
Assorted 398 mL



\$3⁹⁹ Sweet Baby Ray's Barbecue Sauce
Assorted 425 mL



\$4⁴⁹ Jif Peanut Butter
Assorted 500 g, Smucker's Spread
Selected Varieties 250 mL



\$17⁹⁹ Robin Hood All Purpose Flour
Original 10 kg



\$5⁴⁹ Eagle Brand Sweetened Condensed Milk
Original 300 mL



\$2⁴⁹ Carnation Evaporated Milk
Assorted 354 mL



\$1⁹⁹ Lipton Cup-a-Soup
Chicken Noodle 4 pk



2 for \$5⁰⁰ Lipton Soup Mixes
Assorted 2 pk



\$4⁹⁹ Hellmann's Real Mayonnaise or Dijonnaise
340 mL

\$3⁹⁹ OXO In-a-Mug
Assorted 225 g



\$3⁴⁹ OXO Assorted 16 pk



grocery

\$28⁹⁹

Tim Hortons Coffee
Assorted
825 or 875 g



\$5⁹⁹

Kellogg's Family Size Cereals
Selected Varieties
480 - 650 g



\$2⁹⁹

Tim Hortons Granola Bars
Assorted
150 or 160 g



Sugar Twin Calorie Free Sweetener
100 pk

\$4⁴⁹

Sun-Maid California Raisins
750 g

\$9⁹⁹



2 for \$7⁰⁰

Nature Valley Sweet & Salty Granola Bars
Selected Varieties
160 - 175 g



\$5⁹⁹

Betty Crocker Gluten Free Bisquick Mix
454 g



Sunny D Citrus Punch
Assorted
6x240 mL

\$4⁴⁹

2 for \$4⁵⁰

Oasis Juice
Selected Varieties
960 mL



Simply Beverages
Assorted
1.36 or 1.54 L

\$4⁴⁹



**ENTER TO WIN
FREE GROCERIES**

Gain Dryer Sheets
Original 120 pk

\$7⁹⁹



Gain Liquid Detergent
Assorted
2.39 L
Fireworks In-Wash Scent Booster
Original
379 g

\$12⁹⁹



\$3⁴⁹

Dawn Ultra, or EZ-Squeeze Dishwashing Liquid
Assorted
366 - 502 mL



NEW



\$5⁹⁹

Sponge Napkins
Supreme
3 Ply 50 pk



**SPEND \$25,
GET \$10**

PURCHASE 12+ UNITS OF PARTICIPATING PRODUCTS AND RECEIVE A \$10 GIFT CARD



BUY

SNAP



GET

A \$10 GIFT CARD



Bonterra Paper Towels
Mega Rolls 2 Ply 3 pk,
Bathroom Tissue
Triple Rolls 3 Ply 9 pk

\$7⁴⁹

Cashmere Bathroom Tissue
Ultra Strong or
Double Rolls
2 Ply 15 pk

\$8⁹⁹

Scotties Facial Tissue
Supreme 81 pk or
Original 126 pk

\$1⁹⁹

Sponge Towels
Ultra
Double Rolls
2 pk

\$5⁹⁹

**TO ENTER
FREE GROCERIES
WIN**



**Dawn Ultra
Platinum
Powerwash
Dish Spray**
473 mL

\$6⁹⁹



**Mitchell's
Sausages**
Assorted
500 g

\$7⁹⁹



\$9⁹⁹

**Armstrong
Shredded
Cheese**
Assorted 500 g



**Nestle
Coffee mate
Coffee Whitener**
Original
1.4 kg

\$13⁹⁹

\$6⁹⁹

**Kraft
Peanut Butter**
Assorted 1 kg



**Kraft
Miracle Whip
or Heinz
Tomato Ketchup**
Assorted 750 mL - 1 L

\$4⁹⁹



**Dairyland
Stirred Yogurt**
Assorted
175 g

**4 for
\$5⁰⁰**

\$3⁴⁹

**Heinz Mayonnaise
or Sauces**
Assorted 340 mL



**Kraft
Dressings**
Assorted
425 mL

**2 for
\$7⁰⁰**



**Old Dutch
Ridgies or
Potato Chips**
Assorted Bags
200 or 220 g

**2 for
\$7⁵⁰**



**FINE FOODS
COMMUNITY
STRONG**

*Supporting Our Communities
by Giving Back*

**\$1000 GROCERY GRAB
+ \$2000 DONATION**

**CONTEST RUNS: OCTOBER 5 - 25, 2026
DRAW DATE: NOVEMBER 2, 2026**

One lucky winner will enjoy a \$1,000 Grocery Grab at their local Fine Foods store and will have the opportunity to give back to their community by choosing a local group, organization, or charity to receive a \$2,000 donation from Fine Foods Advertising Limited.

See in-store for more details and to enter. 3 prize packages available to be won among participating Fine Foods retail group. No purchase necessary. To be eligible to participate in this promotion by submitting an entry, you must be a legal resident of Canada who has reached the age of majority in your province of residence as of January 1, 2026. Contest Period: October 5, 2026 (12:00:00 am Eastern Time) ends October 25, 2026 (11:59:59 pm Eastern Time).



HARRY'S FINE FOODS

5571 Main St. (HWY #9) St. Andrews, MB. Corner of Main Street & St. Andrews Road

Customer Service: (204) 338-7538 / Pharmacy: (204) 504-5500

• Monday - Friday, 8:00 am - 8:30 pm • Saturday, 8:00 am - 8:00 pm • Sunday, 10:00 am - 6:00 pm •



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FRESH PRODUCE • MEAT • BAKERY • PREPARED MEALS • GIFT CARDS • LOTTERY